



FRIEND INC

- Canned ravioli (and other canned pasta types)
- Canned fruit
- Jelly
- Instant potatoes
- Applesauce
- Canned soup
- Cereal
- Condiments (ketchup and mayo)
- Rice
- Shampoo & conditioner
- Toothpaste
- Deodorant
- \$10 Walmart gift card

INFO

Any brand of the items above is acceptable. **To ensure that everything we receive can be used, please only bring the items on this list.** You are welcome to buy multiples of the items requested.

We will be collecting these items for the **Give Hope Project** next **Sunday**. Collection tables will be set up outside the main entrance. Simply drop off your items, and we will take care of delivering them! **Please return items in the bag you received.**

If you would like to give an additional financial donation, go to the GT Church website Give page and select, "Give Hope".

VOLUNTEER

Friend Inc. | Help at the Friend Inc. food pantry providing food for the hungry in Kutztown

The pantry runs a variety of morning, afternoon and evening times, to accommodate most schedules. If you are interested in volunteering, especially during the morning time slots, please contact [Cathy Dill](mailto:Cathy.Dill@friendinc.org) at 610-683-7791. More info at: <http://www.friendinc.org/>

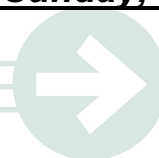
Hope Rescue Mission | Various opportunities at the thrift store, warehouse, and in the Mission.

When: Anytime! Just contact HRM and let them know your interest and availability!

Where: 645 North 6th Street, Reading, PA

Contact: Tammy and John Rarick [LocalOutreach@gtaog.org]

Remember to return the *WHITE* grocery bags next Sunday, November 12th.



MISSIONS
PRAY. GIVE. GO.